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Amendments to the Claims:

No claims have been amended. Claims 6, 9, and 14-16 have been cancelled. No new claims have been added. The following listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- (Previously Presented) An ergonomic arm support apparatus comprising:
 - (a) an armrest having a topside and an underside;
- (b) a dynamic mechanical support structure attached to said underside of said armrest that applies a compliant upward force to said armrest to provide a dynamic counterbalancing support for a forearm resting on said armrest; wherein

said dynamic mechanical support structure comprises:

- (i) a force transmitting mechanism, and
- (ii) a force generating mechanism connected to the force transmitting mechanism, wherein said force transmitting mechanism further comprises:
 - (1) a mounting bracket;
- (2) a pair of spaced parallel lever arms pivotably attached at one end to the mounting bracket; and
- (3) a vertical support member pivotably attached at the other end of the pair of lever arms, the armrest being attached to the vertical support member.
- (Original) The arm support apparatus recited in Claim 1 wherein said dynamic mechanical support structure comprises a flexible linkage or an articulated or pivoting assembly and a tensioning element connected to the linkage or assembly.
- 3. (Original) The arm support apparatus recited in Claim 2 wherein the tensioning element is a spring.

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4. (Original) The arm support apparatus recited in Claim 2 wherein the tensioning element is adjustable to provide a counterbalancing force to maintain the forearm in a substantially horizontal ergonomically neutral position.

- 5. (Original) The arm support apparatus recited in Claim 1 wherein said armrest is rotationally or translationally attached to the mechanical support structure.
- 6. (Cancelled) The arm support apparatus recited in Claim 1 wherein said dynamic mechanical support structure comprises a force transmitting mechanism and a force generating mechanism connected to the force transmitting mechanism.
- 7. (Previously Presented) The arm support apparatus recited in Claim 1 wherein the force transmitting mechanism comprises an articulated or pivoting mechanical assembly and the force generating mechanism comprises a spring.
- 8. (Original) The arm support apparatus recited in Claim 7 wherein the spring tension is adjustable to provide a counterbalancing force to maintain the forearm in a substantially horizontal ergonomically neutral position.
- 9. (Cancelled) The arm support apparatus recited in Claim 6 wherein the force transmitting mechanism comprises:

a mounting bracket;

a pair of spaced parallel lever arms pivotably attached at one end to the mounting bracket;

a vertical support member pivotably attached at the other end of the pair of lever arms, the armrest being attached to the vertical support member.

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- 10. (Previously Presented) The arm support apparatus recited in Claim 1 wherein the force generating mechanism is connected between the pair of lever arms and the mounting bracket.
- 11. (Original) The arm support apparatus recited in Claim 1 further comprising a chair, work bench, stand or mounting structure to which the mechanical support structure is attached.
 - 12. (Original) An ergonomic chair comprising:
 - (a) a seat;
 - (b) a back;
 - (c) a pedestal connected to said seat; and
- (d) the arm support apparatus recited in Claim 1 fixedly attached to said back or said seat or said pedestal.
 - 13. (Original) An ergonomic work stand comprising:
 - (a) a vertical stand; and
- (b) the arm support apparatus recited in Claim 1 fixedly attached to said vertical stand.
 - 14. (Cancelled) An ergonomic arm support apparatus comprising:
 - (a) an armrest having a topside and an underside;
- (b) means connected to the armrest for providing a continuous counterbalancing compliant upward force to said armrest to dynamically support a forearm resting on the armrest in an equipoise position.
- 15. (Cancelled) The arm support apparatus recited in Claim 14 wherein the means for providing a compliant upward force comprises a force transmitting means and a force generating means connected to the force transmitting means.

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- 16. (Cancelled) An ergonomic chair comprising:
 - (a) a seat
 - (b) a back;
 - (c) a pedestal connected to said seat; and
- (d) the arm support apparatus recited in Claim 14 fixedly attached to said back or said seat or said pedestal.